

ASE Player Roles is about decision making on the field

**Wingers**

1. Responsible for fullbacks and space in midfield. Track overlapping full back.
2. Tuck inside when the play is on the opposite side or midfield.
3. Deny forward passes in the build up of opposition.
4. Deny crosses.
5. Recognize the most dangerous situation, i.e. your direct mark or space behind pressuring defenders.
6. Get goal side of the ball as quickly as possible.

**Strikers**

1. Pressure the build up. Most make diagonal RUN to the opposite side of the ball or play.
2. Choose the correct moment to challenge; you can take more risk in your challenge. Most make diagonal runs to the opposite side.
3. Do not chase if the team is in complete control or you have no support.
4. Keep the play and opponent in front of you. DELAY the build up.

**Individual Roles**

In possession (the build up phase/attacking phase)

**Goalkeeper**

1. Remain alert and involved with the play.
2. Start the attack with good distribution.
3. Throw out, kick, goal kick, pass.
4. Good communication with all teammates.

**Central Defenders**

1. Look to play forward.
2. Switch the play away from traffic.
3. Push yourself and the line up where possible.
4. Support in depth.
5. Recognize when to join the attack from deep.
6. Be demanding.

**Defenders**

1. Left/Right create width in the build up (this will force pressuring players to make a decision).
2. Central move away.
3. Recognize the moment to go forward and join the attack.
4. If left side is on the attack, right side must tuck inside.
5. Support behind the side midfielder.

**Central Midfield**

1. Long range shooting from layoffs.
2. Try to get into scoring positions of attack through combining with strikers.
3. Play your position in the build up phase.
4. Link defenders to midfield (stand sideways on) / link midfield to attack.
5. Support central strikers
6. Don’t move forward to early or without caution. Remember the space behind you.
7. Look to be available to switch the point of attack.

**Midfield – Left & Right**

1. When attack is on the other side (flank) look to arrive into the penalty area late.
2. Avoid crowding the winger, by drawing defenders into his space, especially when the wingers is in a 1 v 1 situation (support in depth at the correct distance).
3. Maintain good positioning and distance in relation to defenders, wingers, etc.
4. When the winger is outnumbered; i.e. 1 v 2 destroy the cover with runs off the ball.
5. Recognize when the ball needs to be switched (avoid square passes).
6. Weigh the risk of running with the ball in midfield.
7. When you cut inside look to combine with strikers.

**Wingers – Wide Players Left & Right**

1. Come inside when the play is on the opposite flack (wing).
2. Quality of the cross is important. Cross away from keeper, behind the defenders, below head height. Strike the cross with pace.
3. Beat your man (1 v 1). Learn to go both sides.
4. When you receive the ball, where possible, attempt to square yourself off with the defender; i.e. Position your body towards the goal or opposite comer flag, rather than down the line.
5. Score goals.

**Central Strikers or Strikers**

1. Read the build up play; do not move into space too early to receive long balls.
2. Recognize when to hold the ball up or lay it off.
3. Move away from the vision of the marker before you make your runs.
4. Know when to run deep versus when to come to the ball (look to get behind your marker).
5. Make a dummy run to move defenders into poor defending positions before you show for the pass.
6. Get into the penalty area; anticipate where the ball will arrive.
7. Take risk do not lose the ball through hesitation. Run at the defense 1 v 1 look to enter the box, shoot as soon as possible.
8. Score goals.